

Patient Newsletter

Summer 2025



RSV Vaccine

The RSV vaccine helps protect against respiratory syncytial virus (RSV), a common virus that can make babies and older adults seriously ill.

The vaccine is recommended if:

- you're pregnant—the vaccine is recommended during every pregnancy (from 28 weeks onwards) to help protect your baby after they are born
- you're aged 75 to 79

If you turned 80 after 1st September 2024, you're eligible for the RSV vaccine until 31st August 2025.

You are not eligible for the vaccine if you turned 80 on or before 1st September 2024.

If you are eligible and would like the vaccine, please call or visit the surgery to book an appointment.

For more information about the vaccine please visit: www.nhs.uk/vaccinations/rsv-vaccine/

Shingles Vaccine

The shingles vaccine helps protect against shingles. It's a common condition that causes a painful rash.

It's recommended for all adults:

- turning 65 on or after 1st September 2023,
- those aged 70 to 79
- those aged 50 and over with a severely weakened immune system.

For more information, please visit: www.nhs.uk/vaccinations/shingles-vaccine/

Prescribing for Hay fever

Hertfordshire and West Essex Integrated Care Board (HWE ICB) do not routinely support the prescribing of medicines that are available to buy over the counter from pharmacies and other outlets. All individuals will be expected to pay for over the counter medicines for conditions that can be managed through self-care. This does include groups that currently receive free prescriptions.

Appointment DNAs

In April we had 46 DNAs and in May there were 41 DNAs, this was only for the GP appointments.

If you cannot make your appointment, please call the surgery or use the text reminder to cancel the appointment in plenty of time, so that we might be able to give the slot to someone else.

Car Park Changes at Kings Langley

The council car park next to our building is now only providing 4 hours of free parking, with no return within 2 hours and no option to extend the 4 hours. You will need to get a ticket from the machine, located near the library and clothing donation bin.

You can also register for parking using the Pay by Phone app—the car park code is 810 391.

Make sure to turn SMS notifications off in your settings, as they charge you 20p for reminder texts.